

Bipolar mood disorder - curse or blessing?

Definition of Bipolar Mood Disorder:

Bipolar mood disorder is a mental illness causing somebody to change suddenly from being extremely depressed to being extremely happy.

If there were psychiatrists around when Jesus Christ was walking the earth, he would have in all probability been diagnosed as being Bipolar Type One with psychotic symptoms, and put on heavy medication.

Given that psychology is such a young and underdeveloped area of study, it is difficult to accept any findings as the truth. It is however obvious that there are many similarities between Jesus Christ and the rest of the bipolar population. I refuse to follow a particular religion as Jesus Christ did not come to start a new religion but to bring to an end religious mind-sets, hypocrisy, and condemnation of self and others.

The link between creativity and bipolar disorder is widely accepted as fact.

Signature traits of hypomania and mania include:

1. Delusions of grandeur, and
2. "Religiosity", believing you're the son or daughter of God and forgiving the sins of sinners (John 20:23). Both 1 and 2 may fall under these categories.
3. Hyper-sexuality – allowing a sinful woman to wash your feet with her tears and to dry them with her hair and then kiss them (Luke 7:36-50).
4. Pressured speech, which is a fancy term for talking a lot, and which might cause preaching to five thousand people and making disciples/followers.
5. Irritability and rage, which could explain why Jesus confronted the moneychangers, overturned their tables and drove all the animals out of the temple (John 2:13-16).

Extremists and radicalists are often diagnosed with Bipolar Disorder Type One. True disciples/followers of Jesus the Christ are extremists and radically different from "normal" people, just like their Master and Lord. A bipolar low or manic depressive state can be described as a shortage or lack of inspiration of the Holy Spirit. When this is the case, unclean spirits or demon spirits can cause suicidal tendencies in a person.

The term bipolar disorder was introduced in 1980. Anyone being radically different from the norm, just like Jesus, would be classified by today's psychiatrists as having Bipolar Disorder Type One. If Jesus would have been classified as being Bipolar Type One, then I would gladly be classified or labelled the same. "Bipolar" is not a curse, but rather a blessing.

"I have the strength to face all conditions by the power that Christ gives me."
(*Philippians 4:13 GNT*).

"For there is nothing that God cannot do."
(*Luke 1:37 GNT*).

Our God is a miracle worker and signs and wonders will follow all those who believe.

"Believers will be given the power to perform miracles: they will drive out demons in my name; they will speak in strange tongues; if they pick up snakes or drink any poison, they will not be harmed; they will place their hands on sick people, who will get well."
(*Mark 16:17-18 GNT*).

The supernatural is a reality greater and more real than the natural. Jesus Christ is the first begotten Son of God, but we are all sons and daughters of the living God. We may be labelled as being bipolar or schizophrenic or whatever the case may be, but we know who we are in Christ.

I do not know about you, but I will never voluntarily take mind-altering drugs to suppress my God-given Holy Spirit creativity. There is no record in the Bible that Jesus took drugs to suppress spontaneity, creativity and supernatural abilities. I dare you to stop the use of all mind-altering medications (prescribed or illegal) and to give the LORD a chance to be your Divine Healer.

NOTE: Consult a medical doctor, psychologist or close friend or relative to supervise and monitor your progress.

The best medication under the sun is the Word of God and the Lordship of Jesus. If you make Jesus your Lord, then drugs or alcohol or any chronic medication or condition will have to bow the knee. Every knee shall bow and every tongue shall confess that Jesus Christ is Lord.

“... all beings in heaven, on earth, and in the world below will fall on their knees, and will openly proclaim that Jesus Christ is Lord, to the glory of God the Father.”
(*Philippians 2:10&11 GNT*).

Jesus is my Lord and that is why I am free from addictions like drugs, alcohol and chronic medication. How about you? Would you like to give Jesus Lordship over your life? Would you like to surrender all and to seek God's will and make Him your Number One priority in life?

The key is obedience and faithfulness. Are you obedient in seeking God's will for your life? Are you living a life of meaning and significance or are you just existing from one day to the next? Are you being faithful to your calling and are you using all of your God-given talents and abilities to make this world a better place? Are you being selfless like Jesus and being a blessing to others, or are you being selfish and self-centred? Why do bad things happen to good people? Are you really a good person? Are you totally selfless just like the Master of whom you claim to be a disciple/follower, or **are you sitting on the fence?**

“But because you are lukewarm, neither hot nor cold, I am going to spit you out of my mouth!”
(*Revelation 3:16 GNT*).

As you sow, you shall also reap.

“Remember that the person who sows few seeds will have a small crop; the one who sows many seeds will have a large crop.”
(*2 Corinthians 9:6 GNT*).

“Do not deceive yourselves; no one makes a fool of God. People will reap exactly what they sow. If they sow in the field of their natural desires, from it they will gather the harvest of death; if they sow in the field of the Spirit, from the Spirit they will gather the harvest of eternal life. So let us not become tired of doing good, for if we do not give up, the time will come when we will reap the harvest. So then, as often as we have the chance, we should do good to everyone, and especially to those who belong to our family in the faith.”
(*Galatians 6:7-10 GNT*).

Do unto others as you would have them do unto you.

“Do unto others what you want them to do for you: this is the meaning of the Law of Moses and of the teachings of the prophets.”

(Matthew 7:12 GNT).

NOTE: This does not mean that you should do to others as they do unto you.

Obedient children of God will sow good seeds wherever they go or find themselves. In return they will reap great rewards in this life and in the next. The choice is yours, are you going to feel sorry for yourself for being diagnosed with a “mental illness”, or are you going to accept the challenge to rise up above your diagnosis and show the world that you are an overcomer through Christ Jesus who strengthens you? The day you were first diagnosed, the psychiatrist pronounced a curse on you. Reject that curse today in the mighty name of Jesus Christ and rise up above your circumstances.

Bipolar depression, fear and anxiety are illusions of the mind, which are caused by a lack of inspiration from the Holy Spirit. Fear, doubt and unbelief are the greatest “sins” of all “sins”, because they imply not trusting God and believing the lies of the “devil”. Repent of unbelief, fear and doubt, believe in God, and be set free.

Who is your god? Is it money or material possessions, insurance funds, medical aids or pension funds? Is it mind-altering substances such as alcohol or drugs (prescribed or illegal)?

“No one can be a slave of two masters; he will hate one and love the other; he will be loyal to one and despise the other. You cannot serve both God and money.”

(Matthew 6:24 GNT).

Are you worried, anxious and fearful about the future and about accommodation, food, drink or clothes?

“This is why I tell you not to be worried about the food and drink you need in order to stay alive, or about clothes for your body. After all, isn’t life worth more than food? And isn’t the body worth more than clothes? Look at the birds: they do not sow seeds, gather a harvest and put it in barns; yet your Father in heaven takes care of them! Aren’t you worth much more than birds? Can any of you live a bit longer by worrying about it?”

“And why worry about clothes? Look how the wild flowers grow: they do not work or make clothes for themselves. But I tell you that not even King Solomon with all his wealth had clothes as beautiful as one of these flowers. It is God who clothes the wild grass – grass that is here today and gone tomorrow, burnt up in the oven. Won’t he be all the more sure to clothe you? How little faith you have!”

“So do not start worrying: ‘Where will my food come from? or my drink? or my clothes?’ (These are the things the pagans are always concerned about.) Your Father in heaven knows that you need all these things. **Instead, be concerned above everything else with what he requires of you, and he will provide you with all these other things.**”

(Matthew 6:25-33 GNT).

God is not a man that He should lie. By virtue of His nature, He cannot lie and therefore all His promises are true. God is not the author of chronic diseases and illnesses, fear, anxiety and bipolar depression.

“I alone know the plans I have for you, plans to bring you prosperity and not disaster, plans to bring about the future you hope for.”

(Jeremiah 29:11 GNT).

To hell with bipolar, schizophrenia, cancer, sugar diabetes and HIV/AIDS. Jesus Christ is Lord over chronic diseases, mental illnesses and drug dependency. Every knee shall bow and every tongue confess that Jesus Christ is Lord. Make him your Lord today and you shall be freed from all bondages, like negativity, slavery to “sin” and suicidal tendencies.

The Lordship of Jesus Christ in your life entails being sold out to God and making His will the Number One priority in your life. It entails talking and communicating with Him 24/7, in other words having a personal relationship with Him. It entails surrendering your personal will and ambitions in order to do His will and to make His will the Number One priority in your everyday life.

If you have not yet made Jesus Christ the Lord of your life and you would like to, please boldly pray the following simple prayer, or something similar:

Heavenly Father, I confess that I am a sinner. Please forgive me from all my wrongs and fill me with your Holy Spirit, so that I may freely submit to you and resist the “devil” and his temptations. From this day on, I would like to lay down my personal will and selfish ambitions, follow Jesus, and seek your perfect will for my life. Please reveal your will to me so that I may come in line with it and be a proper disciple-making disciple of Jesus Christ. In Jesus’ name, AMEN!

(Please see Matthew 28:19-20).

If you have prayed this prayer sincerely, you qualify to have your sins forgiven and to be called a child of the Most High God. Congratulations and welcome to the family of believers. **(Please see John 3:1-21).**

To avoid backsliding, become involved with a disciple-making church in your area or find a good Bible Teacher like Joyce Meyer. Have a daily quiet time and prioritise regular Bible Study. Get to know the Ten Commandments in the Old Testament, and study the New Testament, Psalms and Proverbs. If you are into history or if you want to become a pastor, then you may benefit from reading the entire Old Testament from Genesis to Malachi.

God is good, all the time, and Jesus is Lord of lords and King of kings.

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